



Diffuse enlargement of the prostate gland due to epithelial or glandular hyperplasia

Benign Prostatic Hyperplasia

Diagnostic Plan

- History
- Physical examination
- Rectal palpation
- Abdominal palpation
- X-rays
- Ultrasound
- Urinalysis
- Urine culture
- Blood work
- Prostate biopsy

Therapeutic Plan

- Emptying of the bladder
- Enemas
- Stool softeners
- Castration
- Medical therapy

Dietary Plan

- If surgery is necessary, a diet adequate for tissue repair
- A low residue food

