



Chronic Colitis

Diagnostic Plan

- History
- Physical examination
- Stool analysis
- Abdominal palpation
- Rectal palpation
- Stool culture
- Blood work
- Urinalysis
- X-rays of the colon
- Colonoscopy and biopsy

Therapeutic Plan

- Antibacterials
- Dewormers
- Anti-inflammatory drugs

Dietary Plan

- High-fiber diets benefit some cases of colitis
- If a high-fiber diet is ineffective, a dietary trial using a low-residue diet is indicated
- For a food-allergy-induced colitis, a hypoallergenic diet is indicated

